

## Your Ownership Stakes

Ownership Stakes are the **pillars** of your life's story and serve as the core principles from your journey that you can talk about with **experience** and **authority**.

Each of these points provide **self-awareness** and **a sense of identity** in the world and are what will make your essay unique to you.



## Your Life Messages

Life Messages are the thoughts and ideas that you can share in your essay with **authenticity** and **credibility** because you've already lived these messages. To convey your true Jeanius in your essay requires writing from a place of authority, and these are **the messages that point to the impact that your story can have on others**.

The following are **7 life messages** that you can confidently share with the world:

1. **Courage**      "Fear shouldn't keep you from trying"
2. **Loyalty**      "True strength is sticking by your family and friends no matter what"
3. **Travel**      "You'll never learn more if you never leave home"
4. **History**      "Hindsight offers clues to the future"
5. **Leadership**      "A magnifier of true character, and a powerful agent of change"
6. **Family**      "Origin stories reveal strengths to bet on or pains to overcome"
7. **Sports**      "A powerful storyline of Discipline, Humility, Grit and Determination"

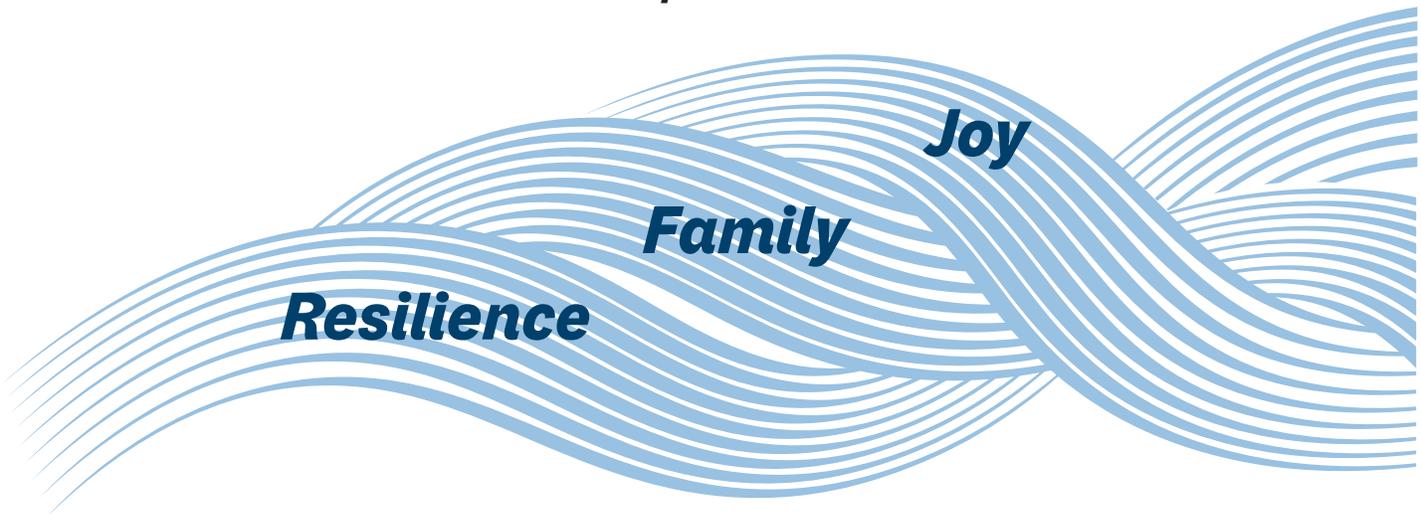
## *Your Transcendent Threads*

**Transcendent Threads** are the essence of who you are and how your life interacts with every other life around you. Consider them **your hidden superpowers** as you write about who you are, what you want to accomplish, and the future that you're dreaming of.

Knowing your unique Threads is like having **an advanced degree in personal awareness**, understanding your identity, and why— who you are—matters to others.

Your true Jeanius is unleashed when you understand the 3 strongest transcendent threads that don't just connect you to some people; they connect you to everyone else on the planet. Transcendent Threads strengthen your key relationships, clarify your key decisions, and refine your exceptional place in the world.

**Your Transcendent Threads follow this pattern:**



1. **Resilience** You have faced various challenges from a young age, such as your parents' divorce and being bullied. These experiences have shaped your ability to bounce back, teaching you the power of perseverance in the face of adversity. No matter how hard things might be or how unclear the future, you remain hopeful that something good is on the horizon. As a result, others find strength and optimism from being in your life.

2. **Family** Your family dynamics, including the arrival of your sister and your dad's remarriage, have significantly influenced your growth and relationships. Despite the complexities, these experiences have fostered a deeper understanding of love and connection within your family. You view the unknowns of life as an invitation to explore and discover. As a result, others come to you for courage and perspective when something in their life is uncertain.

## *Your Transcendent Threads*

*Continued...*

3. **Joy:** Through your journey of overcoming obstacles and nurturing familial bonds, you have discovered profound moments of joy, whether through friendships, achievements, or cherished memories, such as traveling to Europe. This joy reflects your resilience and the richness of your life experiences

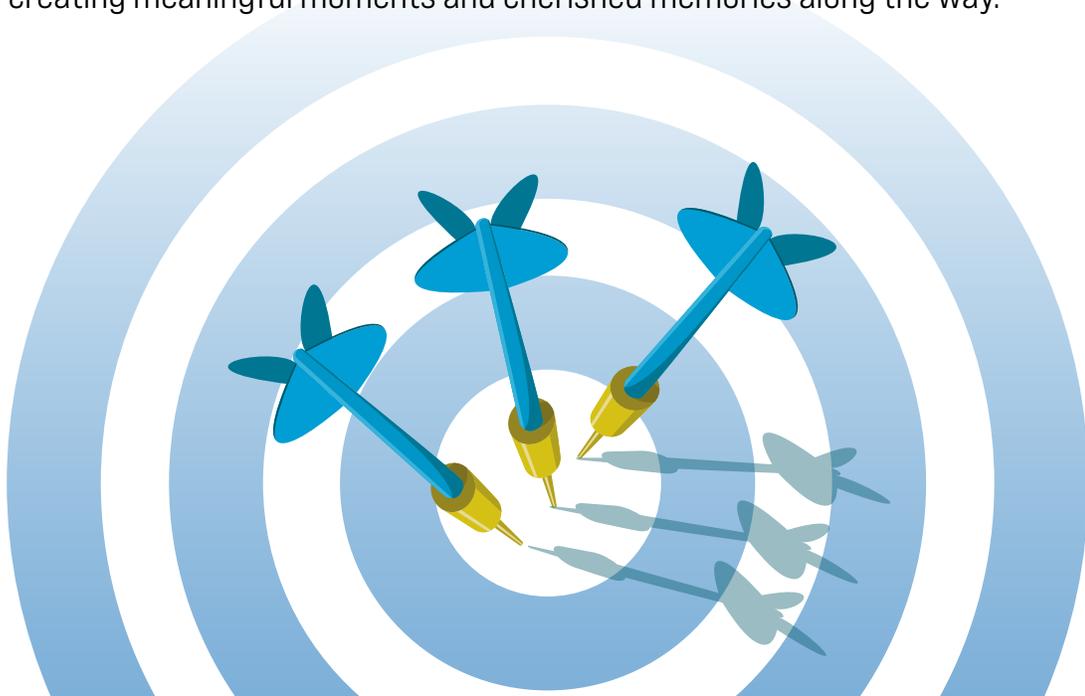
## *Your Jeanius Summary*

**You thrive** in environments that celebrate resilience, personal growth, and the strength of relationships, where you can connect deeply with family and friends who uplift you during tough times.

**Your journey** has taught you the importance of embracing discomfort as a catalyst for transformation, allowing you to cultivate a version of yourself that is ever-evolving.

**You value** authentic connections, whether through the unconditional love of your pets or the vulnerability shared in romantic relationships, as these bonds enrich your life and inspire joy. Communities centered around personal development, support systems, and shared experiences resonate with you, allowing you to express your story of triumph and connection.

**Ultimately, your path** is woven with the threads of resilience, family, and joy, inviting you to continue creating meaningful moments and cherished memories along the way.



## College Essay Topics

### Topic #1

## “The Resilience Catalyst: From Challenge to Triumph”

### **Rationale:**

Your journey through adversity has not only defined you but has also equipped you with the resilience needed for future challenges. In this essay, you'll illustrate how facing your parents' divorce and bullying helped you develop an unwavering spirit that you will carry into your college experience and beyond.

### **Writing Outline:**

Start by recounting a specific challenge (the divorce or bullying) and how it initially impacted you.

- ✦ Discuss the turning point where you began to embrace resilience and the lessons learned.
- ✦ Introduce a guide or mentor who inspired you during this period
- ✦ Outline the plan you devised to use resilience as a tool for growth and achievement.
- ✦ Conclude with a vision of how this resilience will help you thrive at college, making meaningful contributions to your community.

### **Tailoring Tips:**

**University of Iowa** – Emphasize your interest in their supportive campus culture that fosters resilience among students.

**Caltech** – Highlight how your resilience aligns with Caltech's rigorous academic environment and collaborative spirit in overcoming challenges.

**Georgia Tech** – Focus on how your resilience will contribute to innovation and problem-solving within the Georgia Tech community.

## College Essay Topics

### Topic #2

## “Family Dynamics: A Journey of Love and Understanding”

### **Rationale:**

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### **Writing Outline:**

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## College Essay Topics

### Topic #3

## “Finding Joy in the Journey: A Celebration of Growth.”

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### **Writing Outline:**

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## College Essay Topics

### Topic #4

## “From Setbacks to Success: The Math that Counts”

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### **Writing Outline:**

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## College Essay Topics

### Topic #5

## “A Joyful Companionship: Lessons from My Rescue Dog”

### **Rationale:**

Your journey through adversity has not only defined you but has also equipped you with the resilience needed for future challenges. In this essay, you'll illustrate how facing your parents' divorce and bullying helped you develop an unwavering spirit that you will carry into your college experience and beyond.

### **Writing Outline:**

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# HELP

*We decided we still need a  
Jeanius Advisor to help us  
edit and coach us through  
the rest of the Essay...*

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*We can **add "Advising"** and  
stay with you through the entire  
process. **We're Glad You asked!***

Jeanius\*